

DESSERTS BY THE DOZEN

COOKIES Chocolate Chip *nf sf* • Gluten Free Chocolate Chip *gf nf sf*
Oatmeal *sf* Peanut Butter *sf* FULL SIZE 40 MINI 20

CUPCAKES Faux-stess *nf* Chocolate cupcake, marshmallow cream filling, fudge icing 60
Gluten-Free seasonal selection

BROWNIES *nf sf* Decadent chocolate with Belgian chocolate chips 60

ASSORTED BREAKFAST PASTRY

Our favorite brunch pastries: Scones, Muffins & Coffee Cake 45

PETITES Tea Cakes *sf* 15 • Coco Joy *gf nf sf* 28

PLATTERS 3 dozen Mini cookies, brownies and petites 65

WHOLE CAKES AND PIES

All Custom Cake orders require a 48 hour notice.

6-INCH CAKE 45 • 9-INCH CAKE 65 • HALF SHEET CAKE (12 X 16) 130 • CREAM PIE 50

CHOCOLATE FUDGE CAKE *gf nf* Double layer chocolate cake with chocolate fudge filling and icing

RASPBERRY CHOCOLATE CAKE *gf nf* Double layer chocolate cake with chocolate frosting, raspberry jam and fresh raspberries

VANILLA CAKE *gf nf* Classic double layer cake with choice of vanilla or chocolate frosting

OREO COOKIE CAKE *nf* Rich chocolate cake, creamy white icing, Oreo-style cookies

CHOCOLATE PEANUT BUTTER CAKE Dark chocolate cake, creamy peanut butter filling, peanut butter buttercream

COCONUT CAKE *nf* Triple layer coconut cake, coconut buttercream

CARROT CAKE *gf nf* Moist carrot and walnut cake topped with a tangy cream cheese icing

SEASONAL AND CUSTOM ORDER PIES AVAILABLE - please call your local RFD to inquire

BEVERAGES

BY THE BOTTLE

Health-ade Kombucha GINGER • LEMON • SEASONAL FRUIT 6

Harmless Harvest Coconut Water 6

Solé Still or Sparkling Mineral Water 6

96 OZ. CARRY-OUT CONTAINER

Iced Lime Mate 35 • **Hot Kukicha Twig Tea** 22

Homemade Lemonade PLAIN • GINGER • KALE 'N' CUKE 35

MAKE YOUR OWN BROWNIE BAR *nf sf*

A dozen brownies, vanilla ice cream and chocolate sauce 98
SERVES 12

CATERING MENU



Real Food Daily

ORGANIC PLANT-BASED CUISINE

Because Your Time is Precious
and Your Good Health is Priceless



HOW TO ORDER

Platters are available for pick up or delivery and are conveniently and attractively packaged, with napkins and utensils included, upon request.

To best serve you, we prefer a 24-hour notice for our platters and a 48-hour notice for a customized cake. Depending on the size of the order, we can usually accommodate you in less than the 24 hour window, but availability may be limited.

TO ORDER ONLINE: realfood.alohaorderonline.com

PLEASE CALL THE LOCATION YOU PLAN TO PICK UP FROM

RFD - West Hollywood

414 N. La Cienega Blvd.
(between Beverly & Melrose)
310.289.9910

RFD - Pasadena

899 E. Del Mar Blvd.
(at the corner of Lake Ave)
626.844.8900

LAX TERMINAL 4
WWW.REALFOOD.COM



STARTERS SERVE 10

NORI MAKI *gf nf* 24 *hour advance notice required* Jade pearl rice, avocado, seasonal vegetable, carrot, red pepper, scallion, sweet miso sauce 42

COLD SOBA *sf* Chilled buckwheat noodles tossed in peanut sauce with cilantro, scallion, sesame seed 45

VEGETABLE CRUDITÉ *gf sf* A bounty of seasonal raw vegetables with choice of house or caesar dressing or cashew sour cream 48

SOUTHERN STYLE CORN BREAD *gf nf* Mini loaves 6 FOR 22 • 12 FOR 44

SEITAN FINGERS *nf kids' favorite* Lightly breaded and fried seitan served with ketchup and mayo 30

SALSA & CHIPS *gf nf sf* 16

GUACAMOLE & CHIPS *gf nf sf* 24

BUILD YOUR OWN NOT-CHOS *gf*

A fun dish that all your guests will enjoy!
Tortilla chips, black beans, pico de gallo, guacamole,
cashew sour cream and melted cashew cheese 65

SALADS SERVE 10

HOUSE *gf nf sf* Seasonal field greens, cucumbers, shredded carrots and beets with choice of dressing 48

CAESAR *gf nf* Romaine hearts, capers and blue corn croutons with caesar dressing 52

SOUTHWEST *gf nf sf* Romaine hearts, black beans, brown rice, jicama slaw, guacamole, pico de gallo with lime cilantro dressing and baked tortilla strips 58

THE GREAT CARDINI *gf* Tuscan kale, romaine, garbanzo beans, red quinoa, roasted yam croutons, creamy almond shallot dressing, spiced pumpkin seeds, macadamia parmesan, avocado 62

MEDITERRANEAN BOWL Arugula, tomato, avocado, lemon herb Za'atar dressing, cucumber kalamata salsa, white bean basil salad, red quinoa tabouli, almond feta, whole wheat Za'atar flatbread 65

ADD-ON TO YOUR SALAD Avocado 8 • Blackened Tempeh *gf nf* 6 • Grilled Tofu *gf nf* 6
Club Seitan *nf* 6

gf = gluten-free • nf = nut-free • sf = soy-free

SANDWICHES SMALL SERVE 8 LARGE SERVE 16

Gluten free bread available for all sandwich platters for an additional charge of \$2.00 per sandwich

THE CLUB *nf triple decker or in a wrap* Crispy seitan, tempeh bacon, avocado, lettuce, tomato, mayo on sourdough or whole wheat tortilla SM 56 LG 95

THE CHARLIE *sf* Chef's famous "tuna" salad, lettuce, tomato, chipotle aioli on sourdough
RAW WRAP *gf sf raw* Rolled in a marinated collard wrap SM 48 LG 89

SPICY BLTA *nf* Tempeh bacon, avocado, lettuce, tomato, spicy aioli, on seeded grain bread SM 44 LG 76

REAL FOOD BURGER *nf sf* Lentil mushroom burger, caramelized onions, arugula, pickled jalapeños, chipotle aioli, toasted ciabatta SM 56 LG 95

FOR THE WORKS Add avocado, tempeh bacon, melted cashew cheese SM 70 LG 119

SANDWICH SAMPLER An assortment of our signature sandwiches - Club, Spicy BLT, Charlie
ONE SIZE ONLY 86

LUNCHTIME SPECIAL

Serves 8

Small sandwich sample platter, choice of house or caesar salad,
and a dozen cookies 98

HOT ENTREES SERVE 10-12

LASAGNA NAPOLETANA Authentic Italian pasta, creamy cashew ricotta, spinach, crimini mushroom, fresh marinara sauce 108

TACO BAR *gf* Crispy corn tortillas, tempeh and red chili bean taco mix, peppers, romaine, guacamole, pico de gallo, melted cashew cheese, jicama slaw 110

BASICS, DRESSINGS & EXTRAS PER PINT

BASICS 9 *The basics are gf nf sf except where noted.*

BROWN RICE • QUINOA • BLACK BEANS OR DAY BEANS • SOBA NOODLES *has gluten* • PRESSED SALAD
GARLICKY OR DAY GREENS

DRESSINGS & SAUCES 10 *All dressings and sauces are made fresh on the premises and are all gluten free.*
HOUSE TAHINI *nf* • CAESAR *nf* • BALSAMIC VINAIGRETTE *nf sf raw* • LIME CILANTRO *nf sf* • PEANUT *sf*
RANCHERO SAUCE *nf sf* • MARINARA *nf sf* • GOLDEN GRAVY *nf*

EXTRAS *All extras are made fresh on the premises and are all gluten free.*

GUACAMOLE *nf sf* 15 • PICO DE GALLO *nf sf* 10 • CASHEW SOUR CREAM *sf* 15 • CASHEW CHEESE 15
SEA VEGETABLES *has soy* 16